

Clear Lake Forest Summer Water Aerobics 2018
*Start your day off with an hour of fitness, fun, and
fellowship with good friends in the early morning
air and sunshine !!*



Water Aerobics Classes at the Clear Lake Forest pool during the months of
June and July and August.

Tuesday, Wednesday, and Thursday mornings at 7:00 a.m.

Taught by Certified Instructor: **Marla Garcia**

**Beginning Tuesday, June 5th and running through Thursday, August 2nd.
9 weeks (27 classes)**

Pay for the entire session in one payment - \$100.00 (\$3.70/class)

Pay by the class **OR** for an estimated # of classes - \$5.00 per class

To register: Fill out attached form and send to:

Marla Garcia: 4805 Elm St.

Seabrook, TX 77586

Please make checks payable to Marla Garcia or bring to 1st class

NAME: _____

ADDRESS: _____

PHONE # _____ **EMAIL** _____

Check one:

FULL SESSION (27 classes)->\$100 _____

PARTIAL SESSION (\$5.00 per class) _____ (#of classes) multiplied by

\$5 per class->\$_____ (amount enclosed)

Questions/concerns: email - mmgarcia@ccisd.net

phone # - (281) 639-2332 cell

(281) 474-5782 hm

**** Suggested supplies for class:**

*webbed gloves for added water resistance

*foam barbells *(available at Leslie's Pool Supply or

online: www.hydrofit.com)

large (aprox 4-5" diameter) "noodle"